

INFOPACK - ERASMUS+ project

OPEN YOUR EU OUTDOOR

15 – 21 SEPTEMBER 2022 - FANANO (BO) ITALY

THE PROJECT

The project “Opening your EU Outdoor” (Open EU) aims to provide a learning experience for youth workers of organizations that use sport and outdoor activities as an educational tool, but who want to deepen their knowledge and skills related to inclusion and coaching.

In particular, Open EU has set the following goals:

- Sharing and developing methods of social inclusion through outdoor physical activities, educational and coaching activities;
- Providing the youth workers with new skills and tools to conduct outdoor activities, spreading outdoor activities culture;
- Enhancing the skills of the participants through sharing experiences and good practices between partners about this specific topic;
- Creating a safe and friendly sports environment where participants would feel included;
- Developing approaches to overcome challenges such as disability, gender and migration;
- Group management;
- Networking, which gives the opportunity for further development of participants and exchange of knowledge, and sharing the results with future local and international partners, youth workers and parties who are interested in the Method.

WHO WE ARE

L’Orma is an educational agency that since 2000 develops and offers sportive / expressive training experiences based on non-formal education aimed at stimulating personal and professional growth of children, teenagers and adults. Officially it is an amateur sport club and it belongs to the Thirds Sector, offering Projects and Services for sport, education, experiential training and social promotion.

PARTNER and travel grant (amount for 1 participant for all the travel tickets)

- L’ORMA (Italy): 180€
- BLASK (Lithuania): 275€
- NECI (Cyprus): 360€
- Via Civic Association (Bulgaria): 275€
- ASOCIATIA BABILON TRAVEL (Romania): 275€
- Fundacja Ukraina (Poland): 275 €
- Biedriba Piedzivojuma Gars (Latvia): 275€
- MOVE to Be You (Austria): 275€

Total of 24 Participants (3 from every country)

PARTICIPANTS' PROFILE

All partners will choose motivated participants based on their interests shown in the theme of outdoor activities and coaching:

- Adults (over 18) who are able to use English as the working language.
- Ready to take on an active role during the workshops and preferably who could successfully develop a local/regional/national/international project.
- Motivated to become “multipliers” within the given community.

The participants will be selected by the partner organizations, without any bias. They will have to:

- Demonstrate a clear commitment to provide support in the personal development and growth of children and young people;
- Promote the sharing of best practices;
- Be motivated to start a journey within the proposing organizations or implement the proposed activities.

AGENDA

15 September – travel day: arrival

16 – 17 – 18 -19 -20 September - working days: the activities will take place from 9.30 till 18.00

21 September – travel day: departure

The detailed program will be defined and send to the participants before the training.

TRAVEL ARRANGEMENTS

Travel reimbursement per participants: all the costs (travel, hotel, food) are covered by the project.

The participants must choose the cheapest travel itineraries: please before booking tickets ask to sending organization for confirmation. All participants will be reimbursed by bank transfer after the activity, when they present all original tickets.

IMPORTANT BEFORE APPLICATION

Every participant must attend the full duration of the activity. If a participant refuses or behaves in an inappropriate manner, L'Orma will request them to pay the full organizational costs.

We kindly ask the participants to bring the national health card to receive medical treatment abroad We ask the participants to inform us about allergies, food intolerances, special needs and we will communicate with the hotel.

WHAT TO WEAR AND BRING

- Comfortable clothes – be prepared for the outdoor activities
- Sport/outdoor shoes with solid sole
- Raincoat in case of rain, and appropriate clothing;
- Slippers
- Flashlight/Headlamp
- Water bottle
- Sunscreen cream
- Swimming suit



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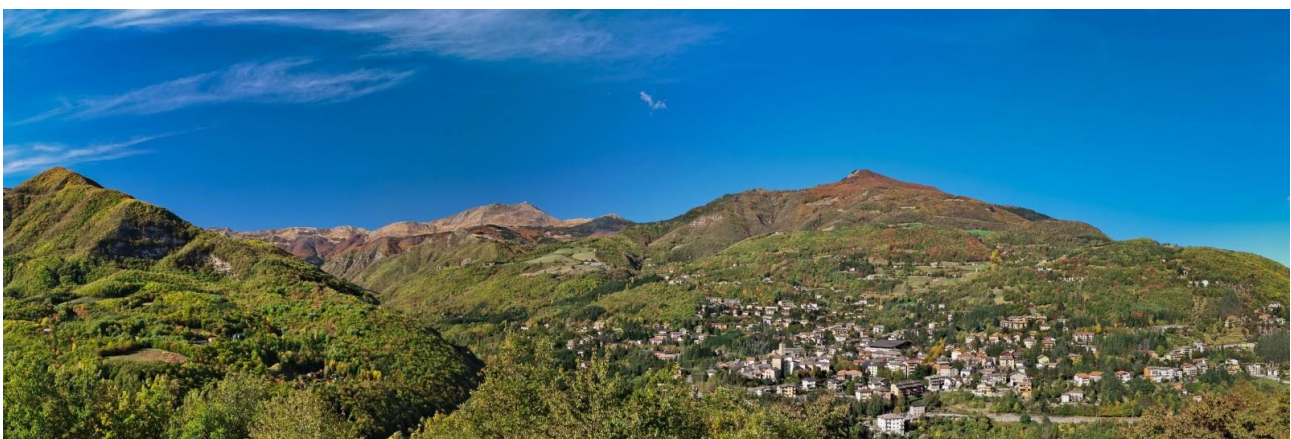
- Info materials of your organization – any flyers, posters, business cards, etc. (inspiration for presentation: <https://goo.gl/oEiS59>)
- Typical food/drinks/customs/presentation/story/interesting facts that you can tell us to present your country during the intercultural evening and get to know each other better!
- Be up for anything and an active attitude!

LOCATION - FANANO

Fanano is a small mountain village located 640 metres above sea level and is set in the Parco dell'Alto Appennino Modenese. Its strategic position between Emilia Romagna and Tuscany makes it an easily accessible destination. Fanano is in fact less than an hour from Bologna.

Fanano is a sports-tourist destination 365 days a year. In winter there is the Cimoncino ski resort. In summer Fanano is a popular destination for all tourists who love sport and life in the open air. Trekking and Mountain Biking along the beautiful paths and around the most important naturalistic places, the historic villages, the abandoned villages surrounded by nature, the most exciting views of the Apennines and the charm of the historic Via Romea. Fanano offers also a swimming pool, two gyms, tennis courts and football pitches.

Fanano is also culture, with its characteristic views, some churches of great historical value and some Museum. Fanano is cuisine, with the love and attention to detail typical of Emilia.



Trainers - you have to meet them!

- **Igor Lisin** - sociologist, trainer, youth worker, educator, owner of “Outdoor Academy”, editor and author of book “Outdoor Education: from theory to practice” and other publications. Business trainer certified by SET Academy, low rope instructor certified by European Rope Course Association; since 2009 working as international trainer with youngsters and adult; from 2012 working with outdoor & adventure education methodology.
- **Paulina Kida** - business trainer and outdoor trainer. An instructor of low rope parks. In the past, she coordinated and implemented projects in NGOs. Working with groups, focusing on learning through experience. Trainer in business processes dedicated to such companies as 3M, Fortaco, CBRE or Dachser. Preparing doctoral thesis in theme of soft competences development in Outdoor Adventure Education. Low rope instructor certified by European Rope Course Association.





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VENUE OF THE MEETING – HOTEL FIRENZE

Accommodation in double or triple rooms, buffet breakfast, lunch and dinner in the hotel.

HOTEL WEBSITE - <https://www.hotelfirenzefanano.com/>

GOOGLE MAP POSITION - <https://goo.gl/maps/DsHgSySRzZCc7sfT8>



HOW TO REACH THE HOTEL

We will organize minibus from Bologna Central Station and from Bologna Airport. For this reason is important to inform us about your arrival time and your travel.

If you arrive at Milan Airport, you can go to Bologna Central Station with train from Milan.

Trenitalia website - <https://www.trenitalia.com/it.html>

CONTACT



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