

CALL FOR PARTICIPANTS

SPORT AS AN EDUCATIONAL TOOL FOR DEVELOPMENT

GAIN, GROW & GIVE

KAI TRAINING COURSE

25 SEPTEMBER -
2 OCTOBER 2021

BUDAPEST, HUNGARY

GAIN

Gain competences
through sport

GROW

Grow personally
& professionally
through sport

GIVE

Give back to the
society
through sport



ABOUT THE TC

The main purpose of the TC is to serve as a practical "toolbox" for participants in the topic of using sport as an educational tool for development and the promotion of EU values

Participants during the TC will be able:

- To discover, test and develop tools for using sport as an educational tool for the promotion of EU values and competence development
- To develop competences in designing and facilitating educational workshops
- To explore tools that support learning process, including debriefing and recognition of learning
- To get to know the activities from the Move and Learn manual and the Sport for Active Citizenship toolkit
- To learn about healthy lifestyle and NFE methods

The methodology of the TC is based on non-formal educational methods which involves Education Through Sport as the main method.

Education through Sport is a non-formal educational pedagogical approach that uses sport and physical activity as a vehicle to spread a set of values in order to develop specific key competences which can improve different fields in/of life.

Education through Sport helps to enhance social, cultural, moral, ethical competencies to provide changes at personal, professional and social levels.

What can you get out of it?

- The quality of your work in youth work/sport education/health orientation will be developed and your toolbox will expand.
- Your international network will expand, and you can get to know many professionals which can be useful for your career.
- The quality of time spent on yourself during the training will increase your effectiveness and motivation.
- You can practise to start living a healthier life, since you can incorporate methods and ideas into your everyday habits from the training which you learned from us.
- You can develop your foreign language competence.
- You can learn new activities and methods that can be used to stimulate the development of young people.
- You will be able to experience a kind of personal development during the training.
-And of course lot of fun and useful experiences/memories! :)

ABOUT THE TC

Programme:

25th of September: Arrival of participants (There will be an organized transfer from the city center to the accomodation at 17:45) We will have dinner at 19:00 at the accomodation.

	26.09.2021	27.09.2021	28.09.2021	29.09.2021	30.09.2021	01.10.2021
08:00	Optional Sport activity	Optional Sport activity	Optional Sport activity	Optional Sport activity	Optional Sport activity	Optional Sport activity
08:30-09:30	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
09:30-11:00	Intro of the project	ETS activity: Inclusion	ETS activity: Conditions of youth participation in sport	ETS game designing	ETS game testing	Finalising ETS game descriptions
11:30-13:00	Get to know each other	ETS activity: Anti-discrimination	NFE Competence developing sport games	ETS game designing	ETS game testing	Future Collaborations
13:00-15:00	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
15:00-16:30	Team Building Activities	Creating a healthy lifestyle workshop	Contribution of sport for lifelong learning competences	<i>Kenuing on river Danube</i>	<i>Visiting Budapest</i>	<i>Youth Pass workshop</i>
17:00-18:30	Intro of ETS	Healthy eating workshop	ETS game designing			<i>Final Evaluation</i>
18:30-19:00	Comfy groups	Comfy groups	Comfy groups			
19:00	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner in the city</i>	<i>Dinner</i>
21:00	1st intercultural night	2nd intercultural night	3rd intercultural night	free evening	free evening	farawell party

2nd of October: Departure of Participants after Breakfast

ABOUT THE TC

Participants profile (5 participants/organisation):

- Age: 18-30
- English: intermediate level is required
- Sport background: basic level of fitness level is required (everyday we will have c.a. 2 hours of active workshop/sport activity.)

We are looking for participants, who are:

- sport coaches, teachers, youth leaders, youth workers, trainers and who has a high interest in the field of sport for development

Participating organisations:

Hungary: Hope for Children Hungary

Bulgaria: Bulgarian Sports Development Association

Cyprus: Hope for Children

Portugal: Move.T+ Association

Italy: Minevaganti

Italy: L'ORMA international

Expenses:

Participation fee: 40 euro

Accommodation and food: Fully covered by the Erasmus+ program.

Travel reimbursement: Participants will be reimbursed the exact amount of travel money they spent and up to set limits:

Hungary: 0 euro/participants

Bulgaria: 275 euro/participants

Italy: 275 euro/participants

Portugal: 360 euro/participants

Cyprus: 275 euro/participants

Please choose your form of travelling at the lowest possible price.

ABOUT THE TC

Venue:

Holiday Beach Hotel Budapest (Budapest, Piroska u. 5)



ABOUT THE TC

About the organising organisation:

Hope for Children Hungary (*Youth NGO*)

Hope for Children Hungary is a non-governmental organization with the aim to promote and protect children's rights. The organization uses a holistic approach to solve the problems which Hungarian children facing: wide range of activities and services are offered.

Hope for Children Hungary serves as an intermediary organization between the society (including several actors such as businesses, universities and other non-for-profit organizations) and the children, youngsters and families in need with the aim to facilitate and coordinate the flow of the donations (either money, services or other form of contributions) between them.

The organization offers legal and psychological aid, organizes educational activities with non-formal means (human rights education, intercultural education), runs awareness-raising campaigns, sport activities as well as conducts interdisciplinary research.

<https://www.facebook.com/remenytagyermekeknek>

Contact:

Project Manager: Gyurkó Krisztina
krisztina.gyurko@hopeforchildren.hu
0036702454584

President: Lilla Nedeczky
lilla.nedeczky@hopeforchildren.hu
0036707028606

ABOUT THE TC

COVID-19 Strategy:

Our aim is to hold the course without risking our safety.

We will follow the national regulations regarding COVID-19. You can check here the regulations regarding traveling from your country to Hungary:

<https://reopen.europa.eu/hu/map/HUN/5006>

The situation is changing often, so participants should make sure they stay up to date before they travel.

If COVID tests are required to enter/exit the country, the participants are responsible to cover the costs. For the tests before departing, Hope for Children Hungary will support with organising a testing process.

To ensure that from the moment of departure until the arrival in our accommodation there has been no risk of COVID infection, we will request participants to practice social distancing and to wear a mask and gloves and not expose themselves to a threat of infection.

Once participants arrive at the accommodation, we will provide a self test for everyone, if the circumstances require it.

If there will be any covid incident during the course, Hope for Children Hungary will support the participants to organize all needed processes (testing, quarantine in different accommodation etc.)

Because these times are very uncertain and we can not foresee if it will be really possible to do the course, we have to stay as agile as possible. Therefore, participants should not book their flight earlier than 3 weeks before the course begins, to be sure the course will actually happen. When we give them the green light to proceed with the booking they need to book a travel ticket (flight, train, bus, etc.) that is refundable in case we have to cancel the course at the last minute. We can't reimburse any ticket if the course doesn't happen. Also we can't reimburse any travel expenses if a participant is excluded from the course because of a positive COVID test result.